

## Dr. Wheeler Presents Prostate Cancer Study to the American Society of Clinical Oncology (Prostate Cancer Symposium) in San Francisco



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**P**rostate Cancer is arguably the most significant health risk that men face with a new case diagnosed every three minutes.

When prostate cancer is detected, men are offered and accept some form of definitive therapy in the majority of cases with hopes for a cure. History teaches us that 40-60% of men will have a recurrence of cancer by 7-10 years. Even more confounding is the inability to predictably define which patients will succeed with a reasonable level of confidence when the diagnosis is made. In a now famous quote, William Fair, M.D., the former Chairman of the Departments of Urology and Surgery at Memorial Sloan-Kettering stated in 2000; "Based on everything we know about prostate cancer, I am not certain that it should not be treated as a chronic disease". Dr. Fair was merely expressing his frustration at the inability to predictably cure prostate cancer when he thought it was possible. As a Urologist, I realize the inability to cure prostate cancer has little to do with our surgical skills or ability to target the prostate with radiation but rather has more to do with our collective lack of understanding for the biology or natural history of the disease. This becomes quite evident after a review of Robert Vessella's research which shows 59% of men have prostate cancer cells in the bone marrow at the time of diagnosis. While there is no guarantee the cells identified will develop into a site of metastasis, there is also no guarantee that they

will not.

### Epidemiology

Until now, men with the diagnosis of prostate cancer have had little choice but to accept impotency and incontinence while hoping for the elusive cure. Based on Dr. Ronald Wheeler's research, an attempt at cure may no longer be necessary as men can now harness the cancer process through a modified Mediterranean Diet and prostate nutrition; targeting non-bacterial prostatitis while utilizing an all natural patented prostatitis nutritional formula. According to the American Association of Cancer Research (AACR), prostatitis is a singular disease entity that evolves into prostate cancer through cellular oxidation, free radical formation, DNA mutation and Prostatic Intraepithelial Neoplasia. This concept is acknowledged by the American Urologic Association and endorsed by research experts at Johns Hopkins, David Bostwick, M.D., Pathologist and others.

### CDM Protocol

Dr. Wheeler's viable alternative to surgery and/or radiation that preserves quality of life while allowing men to live with prostate cancer is called Chronic Disease Management (CDM). In other words, men can live with prostate cancer much like men live with Diabetes or Arthritis. According to Dr. Wheeler's research, scheduled for presentation at the Prostate Cancer Symposium, sponsored by the American Society of Clinical Oncology (ASCO) on February 24, 2006, 87% of men on the CDM protocol predictably suppressed their cancer over an average of 38.5 months (range: 13-84 months), while decreasing the PSA by 58%. Additionally, the CDM Protocol avoids a predictable loss of sexual function, bladder control, and the potential for rectal injury while control-

ling prostate cancer predictably through various conservative mechanisms highlighted by diet and nutrition. The best candidates are men with a Gleason Score (GS) of 5 or 6 (50-60% of all prostate cancer cases), although several patients have a GS of 6/7 or 7. According to Michael Barry, M.D. at Harvard Medical School, successful curative surgery or radiation adds only 3 years to the life of a man in his 50s, 1.5 years to a man in his 60s, and 0.4 years for men in their 70s. Trading sexual potency and continence of urine for a chance at cure or improved survival may make little sense as the treatment exercise may be more than the disease requires. Making this point more clearly, most men typically live upwards of 15 years once the diagnosis of prostate cancer is made, regardless of treatment rendered.

### The Data

The key to the CDM approach is to minimize tumor aggressiveness by eating a healthy diet while resolving the signs and symptoms of prostatitis through the use of a dietary supplement called Peenuts®. Signs and symptoms expected to improve with the Peenuts® formula according to the study data include a reduction in the number of white blood cells in the EPS (expressed prostatic secretion) by 77.5%, a PSA reduction of 43%, and a 61% decrease in urinary symptoms. To learn more about this novel and validated approach to prostate cancer, men are encouraged to log on at [www.RonaldWheeler.com](http://www.RonaldWheeler.com) and/or [www.Peenuts.com](http://www.Peenuts.com). Men may also e-mail Dr. Wheeler at [Prostadoc@aol.com](mailto:Prostadoc@aol.com) for a copy of his research.